

Iffley Miles and BMC Grand Prix Travel Information

The track is at Oxford University Sports Centre, Iffley Road, Oxford, OX4 1EQ

<http://www.runtrackdir.com/details.asp?track=oxford>

Please note that unfortunately there is **very limited parking** available at Iffley Road Sports Complex. We recommend sharing cars where possible, using the park and rides, or coming by train. Leave plenty of time to find parking. **The best option is the Thornhill Park & Ride.**

Car Parking at Iffley Road

There are spaces for 100 competitors to park their cars. 450 athletes have entered the Grand Prix and preceding open races so this will fill up quickly.

Parking is in the rugby club's grounds. Turn right off Jackdaw Lane into the main Iffley Road car park and you will be directed by parking attendants into the rugby club complex on your right.

The rugby club charge **£5** for all-day parking. This is in addition to the £4 stadium fee payable at all Grand Prix. The competitor car park is open 12:15 – 10pm.

Park & Ride

The best Park & Ride is Thornhill, located to the east of Oxford/A40, OX3 8DP. Free to park, catch bus 400 to City Centre. £2.40 return, or £4.50 for two adults travelling together. 15 minute journey, buses every 10 -12 minutes. Bus drops off on St Clement's, 10 minute walk from Iffley Road. Allow 30 – 40 minutes. See page 2 for directions from St Clement's to Iffley Road.

Other Park & Rides include Water Eaton (from north), Pear Tree (from north), Seacourt (from west), and Redbridge (from south). From these you need to catch the bus to Oxford City Centre, then change and catch a second bus, the No. 3, from Oxford High Street (stop outside Queen's College) to Iffley Road. Advice is that it is probably far easier to drive to Thornhill Park & Ride, whichever direction you approach Oxford from.

Train

Bus No. 13 goes from Oxford Train Station to St Clement's, every 20 mins. 10 minute walk from St Clement's to Iffley Road – see page 2 for directions.

From Oxford City Centre

Take Bus No. 3 (red, Oxford Bus Company bus) from outside Queen's College, on High Street. This goes down Iffley Road and passes Sports Ground on your right. 5 minutes/1 mile trip.

Car parking near Iffley Road

Limited parking nearby pay & display public car parks:

- St Clement's Car Park (120 spaces, OX4 1AB) – see page 2 for walking directions.
- Union Street Car Park (96 spaces, OX4 1JP) – see page 3 for walking directions.

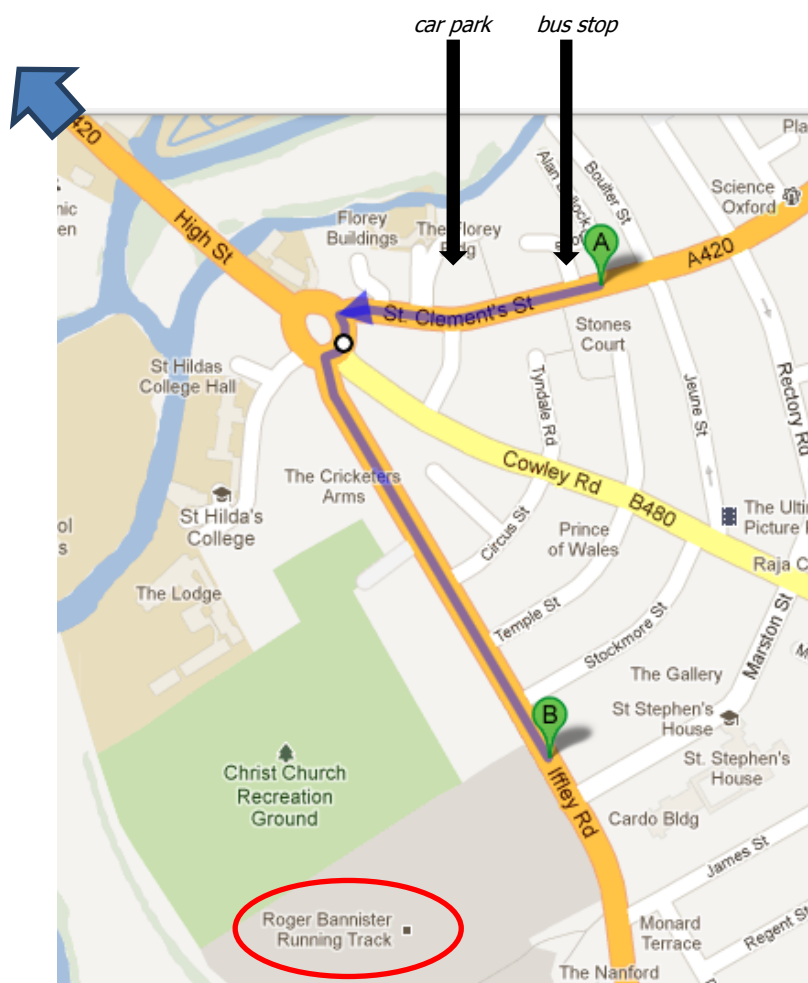
Both are a 10 minute walk from the track.

There is limited street parking on roads left off Iffley Road when approaching from outside Oxford/from ring road. There is no parking (permit holders only) on right turns off Iffley, i.e. roads inbetween Cowley Road and Iffley Road.

Walking to Iffley Road from St Clement's Street car park and bus stops

To walk to Iffley Rd track from St Clement's car park or bus stop, turn right out of the car park or retrace the bus route back towards Oxford city centre. If on a Park & Ride bus, walk in the direction that the bus was travelling. You come to a roundabout. Take the second left – Iffley Road. Walk up Iffley Road 500m; the entrance to the track is down a tarmac track on your right.

Oxford City
Centre 0.3 miles



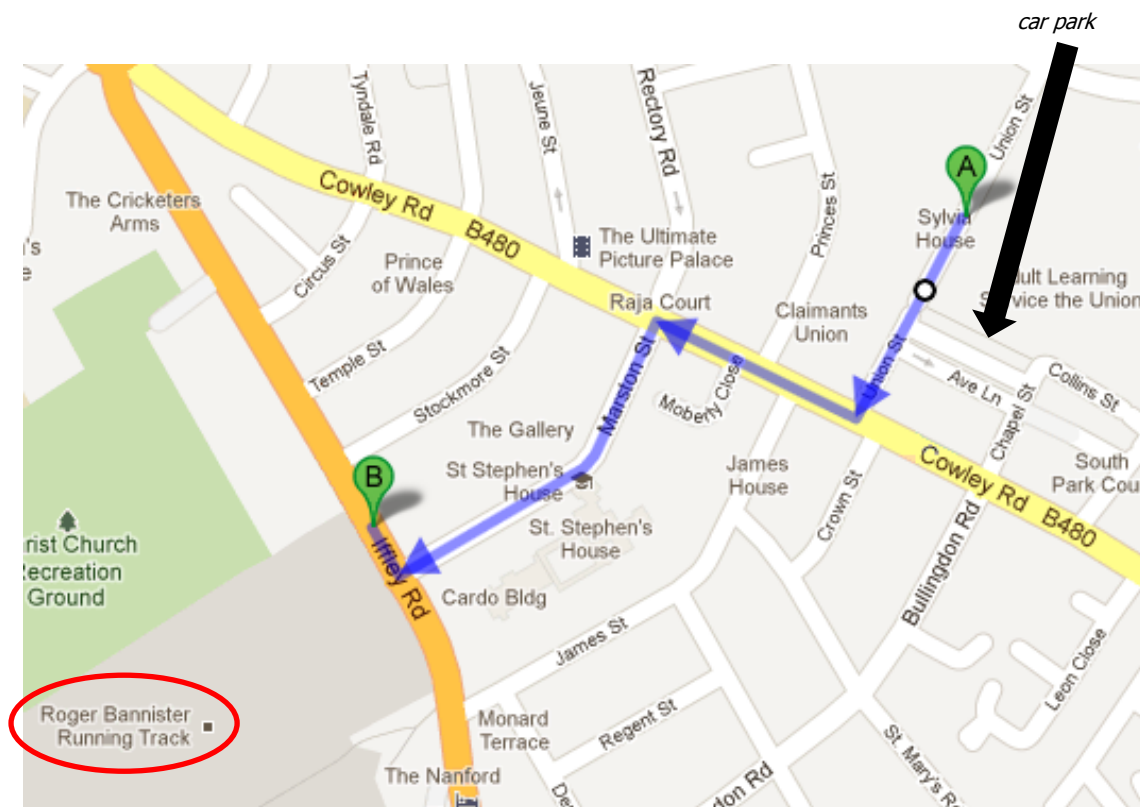
Google maps: 0.4miles/8min walk

St Clement's Street is where you should alight if on a bus No. 400 from Thornhill Park & Ride or bus No. 13 from Oxford train station.

Bus No. 3 from Oxford City Centre goes directly down Iffley Road.

Walking to Iffley Road from Union St Car Park

To walk to Iffley Rd track from Union St Car Park, exit the car park past Tesco onto Cowley Rd (via either Union St or Chapel St, or through Tesco). Walk right, along Cowley Rd, then turn left down Marston St. At the end of Marston St, turn right onto Iffley Rd. Cross the road and walk along; the entrance to the track is down a tarmac track on your left.



Google maps: 0.4miles/8min walk

Park & Ride Oxford:

http://www.parkandride.net/oxford/html/oxford_parkandride.html

Oxford Bus Company:

<http://www.oxfordbus.co.uk/>